

COVID-19 CONTROL MEASURES

Access and movement within pavilions



To avoid the spread of the virus, it is important to respect all the hygiene measures in place.

PROCEDURE TO FOLLOW

Access to a pavilion

- Entrance to the pavilions is limited Monday to Friday from 8:30 a.m. to 5:00 p.m.
- Pavilion opening and closing hours must be respected.
- Access to the premises is reserved exclusively for those staff members for whom the University's facilities are absolutely essential for the performance of their work or whose access is authorized by the manager.
- It is mandatory to use the indicated access to enter and leave a pavilion.
- When entering a building, report to the reception desk to establish identity and answer questions related to health.

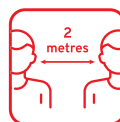
Movement within the pavilions

- Only one person at a time can use the elevators and freight elevators.
- Limit movement within in pavilion as much as possible.
- Avoid standing in corridors
- Tunnels are not accessible to pedestrians. Only electric carts are allowed in tunnels.

Breaks and meals

- Food services are closed.
- It is possible to eat in eating areas that allow for the respect of hygiene and physical distance.

HYGIENE MEASURES TO BE APPLIED AT ALL TIMES



Practise physical distancing by maintaining a distance of 2 metres from other people.



Practice hand washing etiquette: wash hands with soapy water for at least 20 seconds. As often as possible.



Do not put your hands on your face or touch your eyes.



Practice respiratory etiquette: when coughing or sneezing, place the crease of the elbow in front of the mouth to reduce the spread of droplets.



If you blow your nose, immediately dispose of the handkerchief in the trash afterwards. Afterwards, wash your hands, preferably with soapy water, otherwise clean them with a disinfectant gel.



Avoid placing personal belongings near other people's belongings.

IMPORTANT

Each person authorized to access the pavilions must declare and register his or her presence before arriving at the pavilion and then register his or her exit before leaving the pavilion through an online form available at presence.ulaval.ca.

It is forbidden to go to the university premises to any person who is ill or who presents one or more symptoms of: cough, fever (even low), breathing difficulties, sudden loss of smell or taste, without nasal congestion as well as extreme tiredness.

To a lesser extent, and in conjunction with the preceding symptoms: headache, sore throat and gastrointestinal symptoms.

It is mandatory to leave the work environment as soon as one or more of these same symptoms appear. If required, apply the content of the procedure "Appearance of symptoms associated with COVID-19 in the workplace"